

H SENIOR A		(5 / 5)	Tempo	Atrás			
1.	João Manoel Franco	COCFA	1:04:04				
	2:44 (2:44)	5:18 (8:02)	3:53 (11:55)	1:02 (12:57)	2:49 (15:46)	4:09 (19:55)	
	2:59 (22:54)	3:33 (26:27)	4:37 (31:04)	3:56 (35:00)	5:06 (40:06)	4:31 (44:37)	
	5:23 (50:00)	4:17 (54:17)	5:46 (1:00:03)	2:37 (1:02:40)	0:55 (1:03:35)	0:29 (1:04:04)	
2.	Maurício S G de Oliveira	COCAMP	1:23:02	+18:58			
	2:14 (2:14)	7:31 (9:45)	5:23 (15:08)	1:30 (16:38)	3:41 (20:19)	5:06 (25:25)	
	3:26 (28:51)	5:25 (34:16)	3:46 (38:02)	4:32 (42:34)	5:26 (48:00)	7:10 (55:10)	
	6:12 (1:01:22)	5:03 (1:06:25)	10:41 (1:17:06)	3:40 (1:20:46)	1:27 (1:22:13)	0:49 (1:23:02)	
3.	Quintino Simões Pinto	COCAMP	1:35:23	+31:19			
	3:22 (3:22)	7:19 (10:41)	4:44 (15:25)	1:26 (16:51)	3:26 (20:17)	5:18 (25:35)	
	4:17 (29:52)	4:40 (34:32)	4:11 (38:43)	8:52 (47:35)	5:51 (53:26)	10:36 (1:04:02)	
	7:02 (1:11:04)	11:50 (1:22:54)	6:42 (1:29:36)	4:00 (1:33:36)	1:11 (1:34:47)	0:36 (1:35:23)	
4.	Anderson F da Silva	COCAMP	3:14:56	+2:10:52			
	14:56 (14:56)	11:42 (26:38)	6:11 (32:49)	1:54 (34:43)	13:59 (48:42)	6:59 (55:41)	
	5:42 (1:01:23)	10:15 (1:11:38)	6:37 (1:18:15)	29:17 (1:47:32)	17:05 (2:04:37)	25:47 (2:30:24)	
	9:33 (2:39:57)	12:36 (2:52:33)	11:46 (3:04:19)	6:32 (3:10:51)	2:42 (3:13:33)	1:23 (3:14:56)	
	Alessandro dos S Moura	COARJ	DNS				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	

D ADULTO A		(2 / 2)	Tempo	Atrás			
1.	Paula Parisi Hodniki	COCFA	2:10:58				
	3:13 (3:13)	10:09 (13:22)	12:14 (25:36)	2:05 (27:41)	7:07 (34:48)	7:17 (42:05)	
	4:43 (46:48)	6:16 (53:04)	11:50 (1:04:54)	9:09 (1:14:03)	7:18 (1:21:21)	8:39 (1:30:00)	
	9:08 (1:39:08)	11:59 (1:51:07)	13:06 (2:04:13)	4:19 (2:08:32)	1:35 (2:10:07)	0:51 (2:10:58)	
2.	Mariane M dos S Vicente	FMO	2:19:41	+8:43			
	3:41 (3:41)	8:17 (11:58)	5:04 (17:02)	1:51 (18:53)	3:46 (22:39)	5:43 (28:22)	
	4:18 (32:40)	12:46 (45:26)	6:25 (51:51)	15:12 (1:07:03)	12:59 (1:20:02)	13:36 (1:33:38)	
	13:10 (1:46:48)	20:47 (2:07:35)	7:06 (2:14:41)	3:12 (2:17:53)	1:15 (2:19:08)	0:33 (2:19:41)	

H JUVENIL A		(3 / 3)	Tempo	Atrás			
1.	Eros O F da Silva	COCAMP	3:08:53				
	6:17 (6:17)	21:54 (28:11)	5:48 (33:59)	6:20 (40:19)	4:12 (44:31)	7:30 (52:01)	
	11:13 (1:03:14)	11:53 (1:15:07)	16:26 (1:31:33)	6:27 (1:38:00)	16:52 (1:54:52)	34:25 (2:29:17)	
	7:45 (2:37:02)	13:45 (2:50:47)	5:58 (2:56:45)	4:36 (3:01:21)	6:28 (3:07:49)	1:04 (3:08:53)	
	João Paulo de V Monteiro	Sem clube	DNF				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	Vinicius Serdeira da Luz	COCAMP	DNF				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	

D MASTER A		(1 / 1)	Tempo	Atrás			
1.	Claudia Hayakawa	COCAMP	2:17:11				
	6:34 (6:34)	6:01 (12:35)	6:00 (18:35)	4:58 (23:33)	3:43 (27:16)	6:39 (33:55)	
	14:05 (48:00)	11:49 (59:49)	15:20 (1:15:09)	6:20 (1:21:29)	8:20 (1:29:49)	17:55 (1:47:44)	
	4:56 (1:52:40)	7:42 (2:00:22)	4:41 (2:05:03)	7:47 (2:12:50)	3:46 (2:16:36)	0:35 (2:17:11)	

D SENIOR A		(1 / 1)	Tempo	Atrás			
1.	Lucimara D de P Hackmann	COCAMP	2:33:17				
	14:38 (14:38)	10:14 (24:52)	6:45 (31:37)	5:45 (37:22)	18:10 (55:32)	5:36 (1:01:08)	
	4:14 (1:05:22)	17:52 (1:23:14)	1:55 (1:25:09)	8:21 (1:33:30)	16:18 (1:49:48)	12:23 (2:02:11)	
	8:17 (2:10:28)	14:43 (2:25:11)	5:35 (2:30:46)	1:28 (2:32:14)	1:03 (2:33:17)		

H ADULTO B		(3 / 3)	Tempo	Atrás			
1.	Vinicius Rojas Levorato	Autidó	1:39:46				
	2:34 (2:34)	9:32 (12:06)	5:06 (17:12)	5:54 (23:06)	8:24 (31:30)	7:30 (39:00)	
	11:29 (50:29)	4:08 (54:37)	7:31 (1:02:08)	8:26 (1:10:34)	7:39 (1:18:13)	6:26 (1:24:39)	
	7:39 (1:32:18)	2:43 (1:35:01)	3:55 (1:38:56)	0:50 (1:39:46)			
2.	Adrisson R Samersla	Sem clube	1:51:08	+11:22			
	2:35 (2:35)	5:17 (7:52)	6:18 (14:10)	2:14 (16:24)	5:40 (22:04)	15:53 (37:57)	
	8:05 (46:02)	22:59 (1:09:01)	4:02 (1:13:03)	5:52 (1:18:55)	7:37 (1:26:32)	6:13 (1:32:45)	
	6:17 (1:39:02)	6:12 (1:45:14)	5:17 (1:50:31)	0:37 (1:51:08)			
3.	Carlos Henrique M Pires	Sem clube	1:57:03	+17:17			
	4:46 (4:46)	8:30 (13:16)	5:37 (18:53)	3:31 (22:24)	10:12 (32:36)	13:39 (46:15)	
	11:57 (58:12)	4:03 (1:02:15)	8:02 (1:10:17)	12:26 (1:22:43)	8:49 (1:31:32)	10:36 (1:42:08)	
	7:29 (1:49:37)	3:16 (1:52:53)	3:20 (1:56:13)	0:50 (1:57:03)			

H MASTER B		(1 / 1)	Tempo	Atrás			
1.	Antonio Carlos da C Junior	Sem clube	1:29:20				
	4:55 (4:55)	14:28 (19:23)	7:51 (27:14)	4:21 (31:35)	6:52 (38:27)	5:45 (44:12)	
	11:01 (55:13)	4:52 (1:00:05)	4:05 (1:04:10)	5:57 (1:10:07)	4:33 (1:14:40)	6:03 (1:20:43)	
	3:33 (1:24:16)	2:11 (1:26:27)	2:17 (1:28:44)	0:36 (1:29:20)			

H SENIOR B		(1 / 1)	Tempo	Atrás		
1.	Roberto Bombonatti	Autidó	1:43:59			
	5:55 (5:55)	8:11 (14:06)	7:58 (22:04)	2:52 (24:56)	7:47 (32:43)	4:25 (37:08)
	7:01 (44:09)	6:08 (50:17)	9:53 (1:00:10)	10:01 (1:10:11)	7:24 (1:17:35)	8:38 (1:26:13)
	4:38 (1:30:51)	9:32 (1:40:23)	2:53 (1:43:16)	0:43 (1:43:59)		
D ADULTO B		(3 / 3)	Tempo	Atrás		
1.	Maria Victória B Teixeira	COEsC	2:05:13			
	9:36 (9:36)	1:54 (11:30)	5:45 (17:15)	6:01 (23:16)	3:42 (26:58)	8:28 (35:26)
	11:22 (46:48)	8:48 (55:36)	7:16 (1:02:52)	4:53 (1:07:45)	21:24 (1:29:09)	3:44 (1:32:53)
	13:29 (1:46:22)	7:16 (1:53:38)	4:44 (1:58:22)	2:44 (2:01:06)	3:20 (2:04:26)	0:47 (2:05:13)
2.	Noemy Cibele Mendes Ramos	COCAT	3:24:10	+1:18:57		
	16:10 (16:10)	2:46 (18:56)	5:36 (24:32)	7:57 (32:29)	6:26 (38:55)	10:25 (49:20)
	17:39 (1:06:59)	7:01 (1:14:00)	6:12 (1:20:12)	30:18 (1:50:30)	11:15 (2:01:45)	12:48 (2:14:33)
	22:03 (2:36:36)	8:46 (2:45:22)	5:09 (2:50:31)	26:26 (3:16:57)	5:59 (3:22:56)	1:14 (3:24:10)
	Anne Carolina A da Rocha	Autidó	DNS			
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
H ADULTO N		(1 / 1)	Tempo	Atrás		
	Jefferson A A Costa	Autidó	DNS			
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
D ADULTO N		(2 / 2)	Tempo	Atrás		
1.	Carmelita dos S Linhares	COCAMP	1:24:21			
	10:31 (10:31)	8:11 (18:42)	4:49 (23:31)	6:31 (30:02)	6:33 (36:35)	6:09 (42:44)
	10:22 (53:06)	12:49 (1:05:55)	5:35 (1:11:30)	9:23 (1:20:53)	2:50 (1:23:43)	0:38 (1:24:21)
2.	Joana Paula Linhares	COCAMP	1:31:56	+7:35		
	5:29 (5:29)	8:08 (13:37)	5:20 (18:57)	6:19 (25:16)	6:35 (31:51)	19:26 (51:17)
	4:00 (55:17)	8:44 (1:04:01)	5:37 (1:09:38)	19:20 (1:28:58)	2:09 (1:31:07)	0:49 (1:31:56)
H MASTER N		(3 / 3)	Tempo	Atrás		
1.	Fabricio Gregorio	COCAT	51:55			
	7:43 (7:43)	3:42 (11:25)	2:39 (14:04)	3:46 (17:50)	5:30 (23:20)	2:56 (26:16)
	8:04 (34:20)	7:15 (41:35)	4:18 (45:53)	5:29 (51:22)	0:33 (51:55)	
2.	Breno da Silveira	COCAT	1:31:13	+39:18		
	15:02 (15:02)	9:55 (24:57)	5:29 (30:26)	11:19 (41:45)	6:32 (48:17)	4:35 (52:52)
	5:48 (58:40)	12:36 (1:11:16)	15:29 (1:26:45)	3:44 (1:30:29)	0:44 (1:31:13)	
3.	Gustavo Martinez Delalibera	COCAT	1:34:13	+42:18		
	8:09 (8:09)	5:01 (13:10)	11:37 (24:47)	7:34 (32:21)	8:09 (40:30)	4:29 (44:59)
	26:11 (1:11:10)	12:09 (1:23:19)	5:20 (1:28:39)	4:31 (1:33:10)	1:03 (1:34:13)	
D MASTER N		(1 / 1)	Tempo	Atrás		
	Karime S E Medeiros	COCAMP	MP			
	13:25 (13:25)	8:32 (21:57)	48:16 (1:10:13)	- (-)	- (1:47:03)	6:46 (1:53:49)
	10:28 (2:04:17)	33:13 (2:37:30)	- (-)	- (2:46:10)	2:05 (2:48:15)	
DN3		(2 / 2)	Tempo	Atrás		
1.	Larissa Linhares	Sem clube	1:37:19			
	10:33 (10:33)	8:38 (19:11)	4:58 (24:09)	6:43 (30:52)	8:14 (39:06)	4:11 (43:17)
	16:38 (59:55)	23:51 (1:23:46)	6:17 (1:30:03)	6:10 (1:36:13)	1:06 (1:37:19)	
2.	Cristina Maria B Pinto	COCAMP	1:47:24	+10:05		
	16:51 (16:51)	9:54 (26:45)	5:31 (32:16)	6:18 (38:34)	8:30 (47:04)	6:20 (53:24)
	11:13 (1:04:37)	19:08 (1:23:45)	16:19 (1:40:04)	5:55 (1:45:59)	1:25 (1:47:24)	
HN1		(2 / 2)	Tempo	Atrás		
1.	Ian Saldini de Moraes	COCAMP	1:14:17			
	8:04 (8:04)	6:22 (14:26)	26:30 (40:56)	10:40 (51:36)	10:03 (1:01:39)	11:30 (1:13:09)
	1:08 (1:14:17)					
	José W Linhares	Autidó	MP			
	- (-)	- (-)	- (-)	- (-)	- (-)	- (46:41)
	0:34 (47:15)					
H VETERANO A		(8 / 8)	Tempo	Atrás		
1.	José Braite	Autidó	1:00:14			
	3:19 (3:19)	4:07 (7:26)	6:52 (14:18)	3:27 (17:45)	5:00 (22:45)	4:40 (27:25)
	2:02 (29:27)	6:10 (35:37)	3:04 (38:41)	4:06 (42:47)	2:39 (45:26)	3:17 (48:43)
	3:38 (52:21)	4:40 (57:01)	1:29 (58:30)	1:09 (59:39)	0:35 (1:00:14)	
2.	Carlos Roberto A Hackmann	COCAMP	1:05:33	+5:19		
	3:18 (3:18)	4:28 (7:46)	10:15 (18:01)	4:12 (22:13)	4:05 (26:18)	6:58 (33:16)
	2:06 (35:22)	5:49 (41:11)	3:17 (44:28)	4:59 (49:27)	2:45 (52:12)	2:57 (55:09)
	2:49 (57:58)	4:38 (1:02:36)	1:11 (1:03:47)	1:09 (1:04:56)	0:37 (1:05:33)	
3.	Rogério Campos	Sem clube	1:39:27	+39:13		
	4:02 (4:02)	6:55 (10:57)	11:29 (22:26)	4:42 (27:08)	6:19 (33:27)	7:23 (40:50)
	5:55 (46:45)	8:03 (54:48)	3:35 (58:23)	5:51 (1:04:14)	3:56 (1:08:10)	13:07 (1:21:17)
	4:58 (1:26:15)	7:33 (1:33:48)	2:15 (1:36:03)	2:15 (1:38:18)	1:09 (1:39:27)	

4.	José Carlos Gomes	Sem clube	1:40:13	+39:59		
	6:18 (6:18)	6:02 (12:20)	10:26 (22:46)	6:29 (29:15)	5:37 (34:52)	19:37 (54:29)
	2:50 (57:19)	8:48 (1:06:07)	5:55 (1:12:02)	5:11 (1:17:13)	3:58 (1:21:11)	4:24 (1:25:35)
	4:45 (1:30:20)	5:54 (1:36:14)	1:35 (1:37:49)	1:39 (1:39:28)	0:45 (1:40:13)	
5.	Eduardo R Antonio	COCAMP	2:09:07	+1:08:53		
	5:58 (5:58)	6:19 (12:17)	10:29 (22:46)	9:34 (32:20)	10:45 (43:05)	21:57 (1:05:02)
	6:47 (1:11:49)	10:00 (1:21:49)	4:53 (1:26:42)	7:24 (1:34:06)	4:42 (1:38:48)	6:05 (1:44:53)
	6:12 (1:51:05)	11:33 (2:02:38)	3:30 (2:06:08)	2:11 (2:08:19)	0:48 (2:09:07)	
6.	Paulo de Medeiros Frasão	COCAMP	2:40:04	+1:39:50		
	7:01 (7:01)	7:54 (14:55)	11:30 (26:25)	9:01 (35:26)	12:58 (48:24)	10:58 (59:22)
	23:05 (1:22:27)	29:57 (1:52:24)	5:20 (1:57:44)	6:43 (2:04:27)	4:39 (2:09:06)	6:04 (2:15:10)
	6:20 (2:21:30)	11:36 (2:33:06)	3:25 (2:36:31)	2:26 (2:38:57)	1:07 (2:40:04)	
	José Olavo da Silva Filho	COCAMP	MP			
	5:03 (5:03)	5:36 (10:39)	20:28 (31:07)	– (–)	– (58:40)	9:21 (1:08:01)
	3:32 (1:11:33)	13:21 (1:24:54)	5:52 (1:30:46)	19:05 (1:49:51)	8:39 (1:58:30)	12:04 (2:10:34)
	6:14 (2:16:48)	8:56 (2:25:44)	3:29 (2:29:13)	1:59 (2:31:12)	0:52 (2:32:04)	
	Michel Loos	COCAMP	DNS			
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)

H VIP A		(3 / 3)	Tempo	Atrás		
1.	José Vítor S Bazuchi	COCAMP	1:26:16			
	8:51 (8:51)	1:52 (10:43)	6:25 (17:08)	4:01 (21:09)	6:36 (27:45)	5:51 (33:36)
	13:10 (46:46)	6:49 (53:35)	3:16 (56:51)	3:00 (59:51)	12:35 (1:12:26)	5:29 (1:17:55)
	5:55 (1:23:50)	1:36 (1:25:26)	0:50 (1:26:16)			
2.	Euclides Deichmann	COCAMP	1:27:16	+1:00		
	3:46 (3:46)	1:33 (5:19)	6:49 (12:08)	3:42 (15:50)	13:25 (29:15)	8:53 (38:08)
	8:38 (46:46)	5:35 (52:21)	3:37 (55:58)	2:58 (58:56)	10:04 (1:09:00)	6:34 (1:15:34)
	8:39 (1:24:13)	2:05 (1:26:18)	0:58 (1:27:16)			
3.	Jairo Sergio Szrajer	COCAMP	1:31:00	+4:44		
	9:20 (9:20)	1:12 (10:32)	7:04 (17:36)	7:36 (25:12)	7:50 (33:02)	8:06 (41:08)
	5:57 (47:05)	5:56 (53:01)	3:33 (56:34)	5:10 (1:01:44)	12:38 (1:14:22)	7:30 (1:21:52)
	7:01 (1:28:53)	1:23 (1:30:16)	0:44 (1:31:00)			

H VETERANO B		(2 / 2)	Tempo	Atrás		
1.	Henry Chariles Lima da Silva	COCAMP	48:36			
	3:46 (3:46)	5:29 (9:15)	4:58 (14:13)	8:23 (22:36)	5:22 (27:58)	6:41 (34:39)
	3:08 (37:47)	6:02 (43:49)	2:38 (46:27)	1:30 (47:57)	0:39 (48:36)	
2.	Paulo Maurício Silva da Luz	COCAMP	1:23:46	+35:10		
	6:13 (6:13)	7:40 (13:53)	5:01 (18:54)	16:38 (35:32)	13:21 (48:53)	11:37 (1:00:30)
	3:32 (1:04:02)	6:26 (1:10:28)	2:05 (1:12:33)	10:20 (1:22:53)	0:53 (1:23:46)	

D VIP B		(1 / 1)	Tempo	Atrás		
1.	Rosana D R Antonio	COCAMP	3:00:13			
	8:04 (8:04)	7:20 (15:24)	9:43 (25:07)	2:54 (28:01)	1:55 (29:56)	37:11 (1:07:07)
	56:51 (2:03:58)	21:24 (2:25:22)	14:59 (2:40:21)	11:52 (2:52:13)	5:23 (2:57:36)	2:37 (3:00:13)